

I Love You Darling ®

# EMPOWERING FAMILY AND COMMUNITY

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# I LOVE YOU DARLING

**MUSIC AND LYRIC : HAMZAH AND EVODIA**

*What the world needs is love  
Honest, true, Love  
That comes from deep inside  
To keep misery aside*

*What the world need is love  
Sweet, pure love  
Bringing hope and light  
For a life full of delight*

*I Love You Darling  
Four words so bright  
That holds so much meaning  
Turning darkness into light*

*I Love You Darling, Sing it out aloud  
For its just the beginning, Of life without a cloud*

*So keep on loving & caring  
Caring , feeling and giving  
So keep on giving and sharing  
And be always forgiving*

*For the world truly needs love  
Love blessed from above  
Bringing hope and light  
For a life full of delight*

***I love you darling,***  
***Empat kata sederhana,*** Yang menggetarkan jiwa  
*Mencipta insan berharga*

*I love you darling, Membuat insane dicintai,  
Terpuji dan mulia, Damai dengan lingkungannya*



# ABSTRACT

- IT IS APPARENT THAT THE WORLD DRUG PROBLEM IS OUR COMMON AND SHARED RESPONSIBILITY. NO SINGLE COUNTRY CAN SUCCESSFULLY ADDRESS THE CHALLENGES AND THREAT IT POSES. IT REQUIRES AN INTEGRATED, COMPREHENSIVE, BALANCED AND SUSTAINABLE APPROACH
- INDONESIA IS IN A STATE OF EMERGENCY WITH REGARD TO DRUGS ABUSE
- TRADITIONAL NUCLEAR FAMILY FROM TRADITIONAL – SINGLE PARENT, STEP FAMILIES, FOSTER FAMILIES AND MULTIGENERATIONAL FAMILIES
- WE FACE SO MANY CHALLENGES : TREATMENT AND SOCIAL ISSUES
- EMPOWERING FAMILY AND COMMUNITY USING I LOVE YOU DARLING PROGRAM WITH APPRECIATIVE INQUIRY APPROACH

# INTRODUCTION

- FAMILY STRUCTURE BECOME MORE COMPLEX
- THE EFFECT ON THE FAMILY AND COMMUNITY
- TREATMENT ISSUES
- SOCIAL ISSUES THAT COEXIST WITH SUBSTANCE ABUSE IN FAMILY
- RECOMMEND WAYS AND THERAPY

# SITUATION IN INDONESIA

- TODAY, INDONESIA IS IN A STATE OF EMERGENCY WITH REGARD TO DRUGS ABUSE. THE NUMBER OF DRUGS ABUSERS HAD REACHED MORE THAN 4 (FOUR) MILLION PEOPLE, WITH 1.4 (ONE POINT FOUR) MILLION CONSIDERED AS REGULAR USERS AND NEARLY 1 (ONE) MILLION HAVE BECOME DRUG ADDICTS. FURTHERMORE, THERE ARE MORE THAN 12,000 DRUG-RELATED DEATHS ANNUALLY, WITH AN ESTIMATED OF TOTAL LOSSES IN EXCESS OF 5 BILLION USD.



# **FAMILY AND COMMUNITY STRUCTURE**

- TRADITIONAL NUCLEAR FAMILY FROM TRADITIONAL – SINGLE PARENT, STEP FAMILIES, FOSTER FAMILIES AND MULTIGENERATIONAL FAMILIES

# THE EFFECT ON THE FAMILY

- FEELINGS OF ABANDONMENT
- ANXIETY, FEAR AND ANGER
- CONCERN
- EMBARRASSEMENT OR GUILT
- WISH TO IGNORE OR CUT TIES WITH THE PERSON ABUSING SUBSTANCES
- SOME FAMILY MAY NEED FOR LEGAL PROTECTION
- THE EFFECT ON FAMILIES MAY CONTINUE FOR GENERATIONS.

# THE EFFECT ON THE COMMUNITY

- NEGATIVE IMPACT ON ROLE MODELLING
- TRUST
- CONCEPT OF NORMATIVE BEHAVIOR
- DAMAGE RELATIONSHIP WITH GENERATION
  - A CHILD WITH A PARENT WHO ABUSES SUBSTANCES MAY GROW UP TO BE AN OVERPROTECTIVE AND CONTROLLING PARENT WHO DOES NOT ALLOW HIS OR HER CHILDREN SUFFICIENT AUTONOMY.
- FIND THEMSELVES INCREASINGLY ISOLATED FROM THEIR FAMILIES AND COMMUNITIES
- PARTICIPATE IN ANTISOCIAL ACTIVITY



# CHARACTERISTIC PATTERNS OF INTERACTIONS (REILLY 1992)

- NEGATIVISM : COMMUNICATION IS NEGATIVE, COMPLAINTS, CRITICISM AND OTHER EXPRESSIONS OF DISPLEASURE
- PARENTAL INCONSISTENCY : RULE SETTING IS ERRATIC, ENFORCEMENT IS INCONSISTENT AND FAMILY STRUCTURE IS INADEQUATE . CHILDREN ARE CONFUSED TO FIGURE OUT THE BOUNDARIES OF RIGHT OR WRONG
- PARENTAL DENIAL : DESPITE OBVIOUS WARNING SIGNS THE PARENTAL STANCE IS
  - WHAT DRUG/ALCOHOL PROBLEM? WE DON'T SEE ANY DRUG PROBLEM
  - OR AFTER AUTHORITIES INTERVENE : YOU ARE WRONG! MY CHIELD DOES NOT HAVE A DRUG PROBLEM!

# CHARACTERISTIC PATTERNS OF INTERACTIONS (REILLY 1992)

- MISCARRIED EXPRESSION OF ANGER : CHILDREN OR PARENTS WHO RESENT THEIR EMOTIONALLY DEPRIVED HOME AND ARE AFRAID TO EXPRESS THEIR OUTRAGE USE DRUG ABUSE AS ONE WAY TO MANAGE THEIR REPRESSED ANGER
- SELF MEDICATION : EITHER A PARENT OR CHILD WILL USE DRUG OR ALCOHOL TO COPE WITH INTOLERABLE THOUGHTS OR FEELINGS, SUCH AS SEVERE ANXIETY OR DEPRESSION
- UNREALISTIC PARENTAL EXPECTATIONS : IF PARENTAL EXPECTATION ARE UNREALISTIC, CHILDREN CAN EXCUSE THEMSELVES FROM ALL FUTURE EXPECTATION BY SAYING , IN ESSENCE , “ YOU CANT EXPECT ANYTHING OF ME --- I AM JUST JUNKIE.

# TREATMENT ISSUES

- DIFFERENT FAMILY STRUCTURE
- THE NON SUBSTANCE ABUSING PARENT MAY ACT AS A “SUPERHERO” ( VERY BONDED WITH THE CHILDREN AND TOO FOCUSED ON ENSURING THEIR COMFORT
- ECONOMIC CONSEQUENCES
- PROVIDER NEEDS TO COLLABORATE WITH PROFESSIONALS IN OTHER FIELDS OR KNOWN AS CONCURRENT TREATMENT
- COMMUNICATION BETWEEN CLINICIANS IS VITAL

# TREATMENT ISSUES

- IN FAMILY THERAPY AND SUBSTANCE ABUSE TREATMENT, MULTIFAMILY GROUP THERAPY, INDIVIDUAL THERAPY, PSYCHOLOGICAL CONSULTATION MIGHT BE NECESSARY
- WITH DIFFERENT APPROACHES, COORDINATION, COMMUNICATION, COLLABORATION AND EXCHANGE OF NECESSARY RELEASE OF CONFIDENTIAL INFORMATION ARE REQUIRED
- EMPOWERING THE FAMILY IS A BENEFIT OF FAMILY THERAPY THAT SHOULD NOT BE SACRIFICED
- DETOXIFICATION IS ALSO VALUABLE OPPORTUNITIES TO INVOLVE FAMILY MEMBERS IN TREATMENT
- THE IMPORTANCE OF AND NEED FOR FAMILY PARTICIPATION IN TREATMENT.

# **SOCIAL ISSUES WITH COEXIST WITH SUBSTANCE ABUSE IN FAMILY & COMMUNITY**

- CRIMINAL ACTIVITY
- JOBLESSNESS
- DOMESTIC VIOLENCE
- CHILD ABUSE AND NEGLECT
- UNRELIABLE
- ASKED FRIENDS TO HELP FINANCIALLY
- COWORKERS MAY BE FORCED TO COMPENSATE FOR DECREASED PRODUCTIVITY OR CARRY A DISPROPORTIONATE SHARE OF THE WORKLOAD



# COMMUNITY EMPOWERMENT IN INDONESIA

- CREATING DRUG-FREE SCHOOL, CAMPUS AND WORKPLACE.
- THROUGH COMMUNITY EMPOWERMENT, RAISE AWARENESS AMONG UNAFFECTED COMMUNITY GROUPS, DRUG ABUSERS AND PERPETRATORS OF ILLICIT DRUG TRAFFICKING.
- CONDUCTING ALTERNATIVE DEVELOPMENT PROGRAM IN URBAN AND RURAL AREAS BY: ENTREPRENEURSHIP TRAINING & WORKSHOPS, DIVERTING THE COMMUNITY LIVELIHOOD INTO ALTERNATIVE CULTIVATION FARMERS (PATCHOULI, *KADAM* TREES, CHILI, CORN, COFFEE), ETC.

# RECOMMEND WAYS

- I LOVE YOU DARLING APPROACH USING APPRECIATIVE INQUIRY
  - HOW TO MAKE PEOPLE FEEL NEEDED, LOVED, EMPOWERED, AND NOBLE USING THE POWER OF WORDS AND POSITIVE AND STRENGTH BASED.
  - IT'S A SIMPLE TOOLS USING 4 D ( DISCOVERY, DREAM, DESIGN AND DELIVERY /DESTINY)
  - INDIVIDUAL OR COMMUNITY ARE ASKED TO DISCOVER :
    - THE BEST EXPERIENCES IN HIS/HER LIFE WHICH MAKE HIM/HER PROUD OF
    - THE VALUE
    - THREE WISHES IN THE FUTURE NEED TO BE IMPROVED.
- THIS APPROACH IS VERY INDIVIDUAL AND POWERFUL.

# RULES IN LIFE

## THREE SIMPLE RULES IN LIFE

1. IF YOU DO NOT GO AFTER WHAT YOU WANT, YOU'LL NEVER HAVE IT.
2. IF YOU DO NOT ASK, THE ANSWER WILL ALWAYS BE NO.
3. IF YOU DO NOT STEP FORWARD, YOU WILL ALWAYS BE IN THE SAME PLACE.



# ACTIVITIES WITH LOCAL WISDOM





# ACTIVITIES WITH LOCAL WISDOM





# A HELPING HAND

**MUSIC AND LYRIC : HAMZAH AND EVODIA ISWANDI**

*When your heart's so full of sorrow  
And life is pulling you down  
In your soul you must always know  
Hope is there to turn you around*

*When you think you are at the bottom  
And to change is impossible  
Think again, deep and solemn  
Much in life is changeable*

*You are not alone, there's hope to be found  
There's kindness and goodwill all around  
A helping hand to turn you around  
Glory and success and homeward bound*

*To one and all who are in despair*

*The power of love is always out there*

*Hand in hand, shoulder to shoulder*

*You want to succeed, you have the power*

*If you try, you surely can*

*To change your life, how, where & when*

*And hope will be your helping hand*

*Believe in yourself, for you are the man*



**THANK YOU**  
**TERIMA KASIH**

